

Living Life on Purpose

How many people do you know that wander aimlessly through life with no vision, goals, direction, or purpose. They may bounce around like a pinball from one job, relationship, get rich quick scheme, spiritual experience, or extreme sport to another trying to find or get something out of their reach. They may be trying to fill a void that is lacking in their life or have never had a compass bearing or moral mooring to anchor and hold on to during the storms of life. Does this describe you, or at any time have you felt like that?

Ask yourself the following questions?

- 1. What on earth am I here for?**
- 2. What is my compass or moral mooring that I go to for direction in your life?**
What does it tell you about your purpose?
- 3. Who are your greatest role models in life and what do (or did) they teach you about Living on Purpose?**

Think of the three most influential people in your life. Write their names down. What do you think their purpose in life might be? Then ask them if they have a Life Purpose Statement and if it is written down.

<u>Name</u>	<u>Estimated Purpose</u>	<u>Actual Purpose</u>	<u>Written Down Y/N</u>
1.			
2.			
3.			

Do you have a Life Purpose Statement?

If so what is it? _____

If not, review the answers to your questions. If you struggled with numbers 1 and 2 (especially #2) find your moral code or compass. (*Hint: start with the Holy Bible. It is the #1 best seller of all time and has been the moral compass for billions of people for centuries.*)

After you find your moral compass, use the following guidelines as you develop your life purpose statement. Make sure that your statement is:

- **significant**
- **long-term**
- **more about the theory of why you exist than specific tasks or short-term changes**
- **God-centered**
- **WHY you do, not WHAT you do**
- **not a goal, but a guiding star**

Based on my research, prayer, soul searching, and meditation, **My Life Purpose**

Statement is _____

